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Full report of the Paris Trip of AACCI team

DAY 1: Arrival in Paris

- We all travelled to Mumbai, took a flight for Paris via Frankfurt and reached on 5th July, 2017 at 11am.
- Faculties of the French Society of Adolescent Health in Paris received and welcomed us at the airport Charles de Gaulle with great enthusiasm.
- We were then taken to Neuilly sur Seine Hospital in Paris and were amazed to visit its adolescent unit which also had indoor facilities where we met various faculties involved in adolescent care including the pioneer of adolescent care in the Neuilly sur Seine Hospital.
- They also took us to the Commercial centre of Paris.
- Dinner with French professionals, young people and their families with a short introduction at Victor Hugo College.
- The dinner was especially prepared by French young people and their families. We enjoyed the French cuisine very much.
- And then we were allotted families for our stay.
- All in all Day 1 was amazing!



1. INTRODUCTORY SESSION AT VICTOR HUGO COLLEGE



DAY 2: Workshop day 1

- In the morning we all met and travelled together (Indian and French young people with faculties) to the workshop venue i.e. Mandres-les-Roses, a picnic spot near Paris.
- Had lunch together, played a few outdoor games, got to know each other better and then Presentation and organization of the work in coming days was done.

- We were then divided into three groups depending upon the topic of interest.
- Group 1: Identity in Adolescents.
Group 2: Physical Health in Adolescents.
Group 3: Mental Health in Adolescents.
- In the evening, the French young people arranged a social event especially for us. It consisted of various indoor games and it was fun



3.Outdoor Games

DAY 3: Workshop Day 2



2.At Picnic Spot
4.Lunching Together

- Presentation of the work already done by the WhatsApp groups of Young people.
- Discussion on the main topic of the workshop i.e. What is adolescent health?
- Then we all had a discussion on the 3 questions:
 - ✓ How to build an effective partnership between young people and professionals to transmit knowledge and skills?
 - ✓ How to create a peer education project on health subjects which has the same success like Pokemon-Go® at its start?
 - ✓ How to use teensource digital as a tool of peer education?
- In the evening, it was our turn to arrange social event for the French young people where the Pioneers and the Sponsors of the workshop took out their valuable time and accompanied us. We were pleased to meet them and also got an opportunity to serve them with Indian supper. We also taught them garbha, dhandiya, bollywood dance and many more such things. They too enjoyed the evening as we did!



5.WITH THE SPONSERS



7.Dandiya

DAY

4:



6.WORKSHOP

Workshop Day 3

- Detailed discussion on the previously selected topics in groups and planning of the future workshop in New Delhi.
- Discussion on what we would like to make the audience experience in New Delhi.
- In the evening we presented our Powerpoint presentations they we had prepared before the workshop on various adolescent health issues.
- After that, in the evening each one of us performed. Few of us danced, few sang and at last all of us including the French young people and faculties shared the stage and danced our hearts out. It turned out to be the epic moment of the workshop!



.PERFORMANCE NIGHT





GROUP DISCUSSION WITH THE FACULTIES

DAY 5: Workshop Day 4

- The day started with a refreshing yoga session arranged by Dr Shailaja Mane Ma'am in the morning at 7:30 am.
- Grand Rehearsal for the 3 hours workshop to be held in New Delhi on 27th of October, 2017.



9.Yoga Session



8.Fun Times

- In the afternoon departure from Mandres-les-Roses to Victor Hugo College and from there to the respective French families.



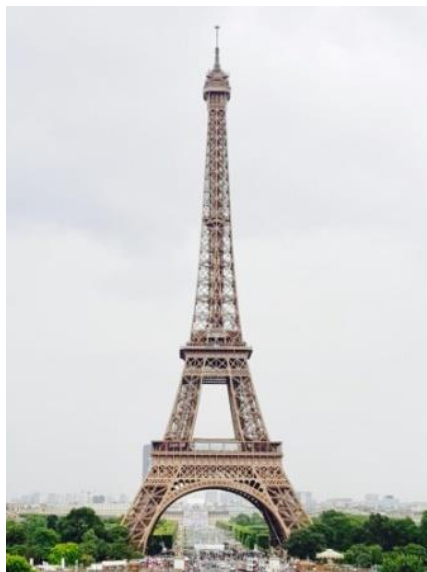
10.LAST DAY OF WORKSHOP

DAY 5 to DAY 9: Paris Tour

- Visit to the most famous places in Paris along with the faculty and French young people which deepen our rapport with them.
- To name a few: The Eiffel Tower, Boat-cruise on the River Seine, Champs Elysees
Arc de Triomphe, Norte dame, Montmar, La Seine Musicale
Versailles Palace , Louvre museum, Disneyland



11. AT THE LA SEINE MUSICALE



Day 10: 13. THE EIFFLE TOWER

Departure



12. VERSAILLES PALACE

from Paris

- With heavy hearts and tears rolling down our eyes, we had to depart from the New Family that we just made away from our homes, overseas, with few days of sharing and caring packaged with incredible amount of love and warmth.

- The most difficult departure we made with a promise of staying in touch forever and ever and meeting soon in New Delhi.
- It was 14th of July, we took our flight from Charles de Gaulle airport of Paris via Frankfurt and reached Pune on 15th of July at 8 am.

IT WAS A GREAT EXPERIENCE AND WE MADE MEMORIES FOR LIFE



15.HARDEST SEE-OFF



14.END OF TRIP: AT THE MUMBAI AIRPORT